



EOP&S

CARE

March 2016



Meet your EOP&S/CARE Tutors: Helen Pourmanafy, Eva Navarro, Mireyda Munguia, and Fernando Guzman. They are here to assist you with your tutoring needs. Please visit the EOP&S/CARE Office or call 818.364.7645 to make an appointment. Contact us at your earliest convenience.

Meet your EOP&S/CARE Tutors



My name is Helen Pourmanafy. I tutor ESL. I earned an AA Degree in Computer Applications and Office Technology in 2012. I am currently taking classes to transfer to CSUN, where my goals are to receive a bachelor's degree in sociology and become a social worker. My hobbies include swimming, working out, reading, and cooking. I am interested in researching what to read, how to be psychologically connected with my family and peers, and how to calm people down when they are upset and unsettled.



Hello! My name is Eva Navarro. I tutor statistics and am more than happy to help you! I am working on transferring to CSUN for Fall 2016. I hope to earn a bachelor's of science in psychology and one day become a career counselor or college professor. I am a total bookworm and love to read. I mostly like to read about art and its creators. Fun fact: Did you know that Vincent Van Gogh proved the mathematical theory of chaos through art? Go ahead and check it out!



My name is Mireyda Munguia... I tutor math and English. My major at Cal Poly Pomona is biochemistry. I plan to get my PhD in chemistry and eventually go into the research field. I became interested in biochemistry because my professor, Gayane Godjoian, really inspired me at Mission. She made chemistry interesting. I just fell in love with it! I enjoy reading fiction, sci-fi, horror, and mysteries, watching movies, and spending time with my family and friends.



My name is Fernando Guzman. I tutor math, specifically algebra, trigonometry, geometry, and calculus. I attend CSUN and am majoring in civil engineering. I plan to obtain my Master's in structural engineering and work on buildings and bridges in the future. As a kid, I enjoyed watching documentaries on how buildings were made and engineering in general. I was impressed by how the Aztec's engineered their city of Tenochtitlan on water. The engineering and work of early civilizations was something that interested me and that was when I knew I wanted to be an engineer. Some of my hobbies are playing soccer, practicing martial arts, and going out with my friends. I am fluent in English and Spanish and know a little French; my goal is to be able to speak the five languages of romance, which are Spanish, Portuguese, French, Italian, and Romanian.

Photos of EOP&S/CARE Tutors by Pablo Vazquez.

Bio's by EOP&S/CARE Tutors.



The Wonders of Ireland and the Importance of Travel

Why would anyone want to hang upside-down over a 90-foot sheer drop to kiss a stone?

Several years ago, Dean Ludi Villegas-Vidal visited the enchanting country of Ireland where she kissed the famous Blarney Stone, enjoyed dishes such as corned beef and cabbage, and found the people to be exceptionally warm and charming. Shamrocks, leprechauns, pots of gold, clogging, and lush greenery come to mind when one thinks of Ireland, also known as the Emerald Isle.

Travel is Ludi's passion and has been a wonderful way for her to learn first-hand about other lands, cultures, languages, and foods. The travel bug bit her at age 17 when she took her first tour of Europe with her older sister. Ludi worked an after-school job and saved every dime to make this trip of a lifetime happen. She has since visited over 25 countries and enjoyed many memorable travel experiences. She truly hopes that after you complete your education and establish your career that you embrace traveling, which she believes is a tremendous education in itself and highly beneficial to one's mind and soul.

Back to the Blarney Stone: It is believed that kissing the stone brings you the gift of eloquence or the gift of gab. Webster's Dictionary defines blarney as talk that is not true, but that is nice and somewhat funny and that may be used to trick you. One of the legends of the stone is attributed to Queen Elizabeth I (daughter of King Henry VIII and Anne Boleyn). Queen Elizabeth reportedly exclaimed, "blarney" when she heard the overly embellished words of Cormac Teige McCarthy in his attempts of keeping the English crown from laying claim to his land that included this famous stone.

Another tale, noted on a sign on the grounds of Blarney Castle, credits an old woman who cast a spell on the stone to



A pot o' gold found at the end of the rainbow and Dean of Students Ludi Villegas-Vidal surrounded by four-leaf clovers and memories of her trip to the Emerald Isle. Photo of Dean Villegas-Vidal by Eduardo Arredondo. Graphics and story by Deborah Manning based on one of Dean Villegas-Vidal's true adventures.

reward a king who had saved her from drowning. Kissing the stone while under the spell gave the king the ability to speak sweetly and convincingly.

To reach the stone, you ascend 127 steps that narrow and spiral inside the tower of Blarney's Castle. To kiss the stone you position yourself upside down and over a ledge as you hold onto iron bars while an attendant secures you by the waist.

When Ludi's husband, Joe, a man of few words, kissed the stone, his camera lens cap slipped out of his pocket. Years later, when Joe and Ludi recount their experience of kissing the stone, she is the first one to confirm that Joe did not acquire the gift of gab. However, he did have the luck of the Irish as he found his lens cap that had fallen 90 feet to the ground from where he had kissed the stone!

Important Dates for Spring 2016

- ◆ Deadline to file Graduation Petition for Spring 2016 - April 15
- ◆ Honors Ceremony *- Friday, May 13, 10:00 AM, Campus Center
- ◆ Commencement Rehearsal - Monday, June 6, 4:00 PM, Campus Center & Quad
- ◆ Commencement Ceremony - Tuesday, June 7, 5:00 PM, Campus Quad

*Please note that the Honors Ceremony date was changed to May 13, 2016.

Save the Date:

The Annual EOP&S/CARE Recognition Luncheon will be held on Thursday, June 2.

Important Reminder from EOP&S/CARE

Please remember to bring in your progress report to the office and schedule your counseling appointment.

Thanks to Deborah K. Manning for volunteering to write and design the EOP&S/CARE Newsletter.